

BESA

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Flying the Flag with Pride
Abby, representing South Africa at the Youth Atlantic Touch Rugby Tour in Ireland, brought heart, hustle, and homegrown spirit to the field. A proud moment for our school—and a powerful reminder that greatness begins with courage and community.

Touch of Greatness: SA Star Abby Shines in Ireland

LIMERICK, IRELAND

It's a phenomenal achievement to represent your country at any level. Abby, a Grade 11 learner at our school, recently did just that—competing in the **2025 Youth Atlantic Touch Rugby Cup** held in **Limerick, Ireland**. As a key contributor to South Africa's **U/18 team**, Abby showcased not only her athletic talent but also her resilience and determination on an international stage.

Abby has long been a standout in sport—an accomplished netball player and athlete with a natural flair for touch rugby. Her journey to the Atlantic Cup wasn't without challenges. She battled through persistent ankle injuries, managing her recovery with care and discipline to ensure she could perform at her best. Her commitment paid off, as she competed with skill and heart against some of the world's top youth players.

The **Youth Atlantic Touch Cup**, held from **31 July to 3 August 2025** at the **University of Limerick**, was the **largest international youth touch rugby tournament ever hosted in Ireland**.

Featuring **45 teams from 12 countries**, the event included divisions across **U/15, U/18, and U/20**, with male, female, and mixed teams. South Africa's presence added vibrancy to a competition that welcomed players from as far afield as China, the Cayman Islands, and Ukraine.

South Africa's U/18 team took home the bronze medal, a testament to their grit, teamwork, and strategic play throughout the tournament. Abby's contribution on the field helped secure this podium finish, making her achievement all the more remarkable.

Abby's performance was a proud moment for our school and a powerful reminder of what's possible when talent meets tenacity.

We celebrate her achievement and look forward to seeing where her sporting journey takes her next.

Some exclusive pics!



Abby and her team flying the SA Flag.



Receiving her SA Cap and Colours.



Abby scored a total of 4 tries during the tournament, including 2 in the third and fourth playoff.



Ready for take-off at OR Tambo.

"I don't believe in magic. I believe in hard work." — *Richie McCaw*